## DESERT COVE ESTATES WEEKLY ACTIVITIES AT THE RECREATION CENTRE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	MONTHLY
9:00 am - 9:45 am	9:00 am - 10:45 am	9:00 am - 9:45 am	9:00 am - 10:00 am	9:00 am - 9:45 am	9:00 am - 10:45 am	10:00 am - 11:00 am
Walk off the Pounds	Men's Aqua Fit	Walk off the Pounds	April - November	Walk off the Pounds	Men's Aqua Fit	1st Wednesday of the month
(3 miles) with weights	Swimming Pool	(3 miles) with weights	Yoga	(3 miles) with bands	Swimming Pool	Blood Pressure Clinic
to a DVD	Robert Huth	to a DVD	Back in September	to a DVD	Robert Huth	Craft / Cards Room
Vicky Spier	236-426-4745	Vicky Spier	Kelly Bodie	Vicky Spier	236-426-4745	Kathy Burwell
250-542-4142		250-542-4142	613-539-8636	250-542-4142		250-540-0644
	11:00 am - 12 noon				9:00 am - 10:00 am	
9:00 am - 10:45 am	Bone Builders	9:00 am - 10:45 am	9:00 am - 10:45 am	9:00 am - 10:45 am	Introduction to	7:00 pm
Ladies Aqua Fit	Back In October	Ladies Aqua Fit	Men's Aqua Fit	Ladies Aqua Fit	Barre Fitness	Executive Meetings
Swimming Pool	Gail Werschler	Swimming Pool	Swimming Pool	Swimming Pool	Anita Jarmolicz	3rd <u>Tuesday</u> of the month
Meghan Bellamy	250-549-0368	Meghan Bellamy	Robert Huth	Meghan Bellamy	780-945-1434	Craft / Cards Room
250-542-8340		250-542-8340	236-426-4745	250-542-8340		Board of Directors
	12:30 pm - 3:00 pm					
10:00 am - 2:00 pm	Organized Pool Games	10:00 am	9:00 am - 3:00 pm	11:00 am		
Sewing	Billiards Room	DC Coffee & Chat	Quilting	Bocce		
Back in October	Rudy Bergen	Michelle Olfert	Craft / Cards Room	Outdoor Bocce Court		
Craft / Cards Room	778-475-1144	250-307-0027	Lisa Peterson	Jacke Palmer		
Diana Welt		Joyce Wenger	604-538-8704	250-938-7310		
250-550-6477	1:00 pm - 2:30 pm	250-308-2754				
Gaylene Warner	Taoist Tai Chi		10:00 am - 11:00 am	12:30 pm - 3:00 pm		
778-738-0575	Back after Labour Day	12:30 pm - 3:00 pm	Taoist Tai Chi	Organized Pool Games		
	Joanne Marsh	Organized Pool Games	Back after Labour Day	Billiards Room		
10:00 am - 1:00 pm	250-260-8041	Billiards Room	Joanne Marsh	Rudy Bergen		
Artists Group	2.22	Rudy Bergen	250-260-8041	778-475-1144	0.1015.437	
Shirley Peterkin	3:00 pm	778-475-1144			SUNDAY	
250-545-2253	Bocce	100	11:00 am - 12 noon	1:00 pm - 3:30 pm		
Donna Gilchrist	Outdoor Bocce Court	1:00 pm - 1:30 pm	Bone Builders	** Wizard **		
250-540-2668	Linda & Ugo Cesario	Line Dancing	Back in October	Back after Labour Day		
42:20 2:00	250-308-2926	Beginners	Gail Werschler	Craft / Cards Room		
12:30 pm - 3:00 pm	0.20 0.20	1:45 pm - 2:30 pm	250-549-0368	Shaunie Wood		
Organized Pool Games	6:30 pm - 8:30 pm	Advanced	12:20 2:00	250-808-9187		
Billiards Room	<b>Bridge</b> Rudy Bergen	Mary Rypstra 250-549-6880	12:30 pm - 3:00 pm Organized Pool Games	7:00 pm		
Rudy Bergen 778-475-1144	778-475-1144	250-549-6660	Billiards Room	Texas Hold'em		
776-475-1144	776-475-1144	3:30 pm - 5:30 pm		Stan Beaulieu		
1:00 nm		String Instrument Jam	Rudy Bergen 778-475-1144			
1:00 pm Euchre		Doug MacGregor	110-410-1144	250-260-3088		
Debbie Marlatt		250-545-4611	1:00 pm			
250-503-1202		230-343-4011	Canasta			
230-303-1202		7:00 pm	Joyce Wenger			
7:00 pm		Cribbage	250-308-2754			
Bingo		Laurie French	200 000-2104			
Diana Fortier		250-549-1164	3:30 pm - 6:30 pm			
250-882-0227		200 040 1104	Sableford Golf Group			
Clay Fortier			John Sahlstrand			
250-514-8260			250-542-6340			
200 017 0200			200 0 12 00 10			
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The Recreation Centre and facilities are available to residents anytime. Doors are locked weekdays after 3:00 pm, Fridays and weekends. The Desert Cove swimming pool is open daily 7:00 am - 10:00 pm. Non-residents must be accompanied by a resident at all times.

\*\* Addition or Change \*\*